1. Introduction

1.1 Purpose of the Regulations

The Netbal Nederland National League Regulations establish the governance framework, competition regulations and administrative requirements for the Netbal Nederland National League ("the National League"). Their purpose is to ensure the League is administered fairly, consistently and transparently, while supporting the continued growth and development of netball in the Netherlands.

These Regulations apply to all clubs, players, coaches, team officials, umpires, technical officials, volunteers and any other persons participating in, or involved with, the National League.

1.2 Governing Framework

The National League shall be conducted in accordance with:

- These National League Regulations;
- Policies and directives issued by Netbal Nederland;
- The current World Netball Rules of Netball;
- The NOC*NSF Code of Conduct,
- The National Anti-Doping Authority and WADA,
- The disciplinary regulations of the Instituut Sportsrechtspraak (ISR)

2. League Philosophy

The Netbal Nederland National League is committed to providing a professionally administered, inclusive and sustainable national competition that promotes participation, development and excellence in netball.

The League exists to create meaningful competition for clubs of all levels while fostering an environment where players, coaches, umpires, technical officials and volunteers can develop, contribute and achieve their full potential. The League is founded on the principles of integrity, respect, fairness and sportsmanship, and is committed to ensuring that all participants are treated with dignity and equality.

In administering the National League, the National League Committee and participating clubs are guided by the following principles:

2.1 Participation

The League encourages broad participation and seeks to provide opportunities for clubs and individuals to engage in competitive netball within a safe, welcoming and inclusive environment.

2.2 Development

The League is committed to the continuous development of players, coaches, umpires, technical officials, volunteers and clubs, recognising that their growth is fundamental to the long-term success of netball in the Netherlands.

2.3 Excellence

The League strives to deliver a high-quality competition through consistent standards of governance, officiating, administration and competition, while encouraging participants to pursue excellence both on and off the court.

2.4 Integrity

All participants are expected to act with honesty, respect and accountability, upholding the values of fair play, good sportsmanship and ethical behaviour at all times.

2.5 Collaboration

The League values collaboration between Netbal Nederland, the National League Committee, member clubs and participants. Open communication, mutual respect and shared responsibility are essential to the continued growth and sustainability of the National League.

2.6 Sustainability

The National League is committed to building a sustainable competition that balances ambition with the practical realities of developing netball in the Netherlands. Decisions relating to competition structure, governance and operations shall be made with the long-term interests of the League and its participating clubs in mind.

3. National League Structure

The Netbal Nederland National League (NNL League) provides a structured national competition framework that supports growth, sustainability and long-term development of netball in the Netherlands.

The League consists of two competition tiers:

- Premier League: the highest level of domestic competition, focused on high performance and excellence.
- Challenger League: a competitive development league that supports the progression of clubs, players, coaches, umpires and technical officials.

Together, both leagues provide a clear competition pathway that promotes participation, player, coach and umpire development, club sustainability and the overall advancement of netball in the Netherlands.

3.1 Premier League

The Premier League is the highest level of domestic netball competition in the Netherlands. It provides a high-performance environment that challenges clubs, players, coaches, umpires and technical officials to achieve the highest standards of competition, governance and sportsmanship.

The objectives of the Premier League are to:

- Provide the highest standard of domestic netball competition.
- Develop players, coaches, umpires and technical officials for national and international competition.
- Encourage sustainable high-performance programmes and strong club governance.
- Promote professionalism, integrity and respect and fairplay.
- Showcase elite Dutch netball and inspire participation across the sport.

3.2 Challenger League

The Challenger League is a national competition that focuses on development while maintaining meaningful and competitive play. It provides clubs and participants with opportunities to gain experience, improve performance and progress within the NNL League.

The objectives of the Challenger League are to:

- Provide a structured and competitive national competition for developing clubs.
- Support the development of players, coaches, umpires and technical officials.
- Encourage sustainable club growth and long-term participation.
- Promote good governance, teamwork, respect and sportsmanship.
- Provide a pathway for clubs aspiring to compete in the Premier League, while recognising the Challenger League as a valued national competition in its own right.

4. League Governance

4.1 Governance

The Netbal Nederland National League is governed by the Netbal Nederland Board and administered by the National League Committee.

The National League Committee is responsible for the day-to-day management, administration and operation of the League in accordance with these Regulations and the strategic direction of the Netbal Nederland Bond.

4.2 National League Committee

The National League Committee shall be appointed by, and operate under the authority of, the Netbal Nederland Board.

The Committee shall comprise such members as determined by the Netbal Nederland Board and may include, but is not limited to:

- Chairperson
- League Administrator
- Umpiring Lead
- Social Media Lead
- Additional committee members as required

4.3 Roles and Responsibilities

The National League Committee is responsible for:

- administering the National League;
- implementing and enforcing these Regulations;
- coordinating the annual competition calendar;
- overseeing competition operations;
- appointing match officials where applicable;
- managing complaints and disciplinary matters;
- promoting the continued growth and development of the League

4.4 Authority

The National League Committee shall have the authority to make decisions relating to the administration and operation of the National League where these Regulations do not specifically provide for a circumstance, provided such decisions are consistent with the objectives, policies and governance framework of Netbal Nederland.

Matters that are outside the delegated authority of the National League Committee, or that may have a significant impact on the League or Netbal Nederland, shall be referred to the Netbal Nederland Board for consideration and determination.

4.5 Interpretation

Where any uncertainty exists regarding the interpretation or application of these Regulations, the National League Committee shall interpret the Regulations and make a determination.

Where necessary, matters may be referred to the Netbal Nederland Board, whose decision shall be final.

4.6 Conflict of Interest

Members of the National League Committee must declare any actual, potential or perceived conflict of interest relating to matters under consideration and, where appropriate, remove themselves from the decision-making process, as clearly stated in the NNL Conflict of Interest Policy.

5. League Participation

5.1 Eligibility for Participation

Participation in the Netbal Nederland National League is open to clubs that are affiliated with Netbal Nederland and satisfy the eligibility requirements established by the Netbal Nederland Board and these Regulations.

A player may only be registered with and represent one participating club in the National League during a season.

Participation in the National League is subject to annual approval by the National League Committee.

5.2 Club Responsibilities

Participating clubs are responsible for ensuring that they:

- comply with these Regulations;
- remain affiliated with Netbal Nederland;
- meet all competition entry requirements;
- fulfil their financial obligations;
- ensure that players, coaches, officials and volunteers comply with League policies and regulations;

- support the effective administration and operation of the National League;
- the participating clubs shall actively support the development of umpires and shall nominate the minimum number of umpire-development participants determined annually by the National League Committee.

5.3 Entry into the National League

Participation in the Netbal Nederland National League is voluntary. Eligible clubs may nominate one or more teams for entry into the annual National League competition in accordance with the entry process and deadlines established by the National League Committee.

The National League Committee shall communicate the annual entry process, competition calendar and any participation requirements prior to the commencement of each season.

5.4 Competition Entry

The National League Committee shall determine annually:

- the number of participating teams;
- the competition format;
- the composition of the Premier and Challenger Leagues;
- the season calendar; and
- any promotion, relegation or entry requirements, where applicable.

5.5 Withdrawal from the League competition

A club that withdraws from the National League after confirmation of its participation may be subject to financial penalties as determined by the National League Committee, to cover the cost of hall hire already booked and deemed non-refundable.

The Committee may also determine the impact of such withdrawal on the competition structure.

5.6 Financial Obligations

Participating clubs shall pay all league fees recommended by the Board and approved annually by the Council.

Failure to meet financial obligations may result in sanctions, suspension or removal from the competition.

5.7 Compliance

Participation in the National League constitutes acceptance of:

- these Regulations;
- the NNL Code of Conduct;
- NOC*NSF Code of Conduct;
- decisions made by the National League Committee in accordance with these Regulations; and
- the policies and regulations of Netbal Nederland.

6. League Participation

6.1 Competition Format

The National League competition format shall be determined annually by the National League Committee, taking into consideration the number of participating teams and the long-term development of the League.

Details of the annual competition format, including fixtures, finals structure and competition calendar, shall be published in the Annual Competition Manual.

6.2 League Composition

The Netbal Nederland National League shall consist of two competitions:

- Premier League
- Challenger League

The composition of each League shall be determined annually by the National League Committee, taking into consideration the number of participating teams, the competitive balance of the League, and the long-term development of netball in the Netherlands.

Clubs may nominate one or more teams for participation in either the Premier League or Challenger League during the annual entry process.

The National League Committee shall determine the final composition of each League, taking into account the preferences of participating clubs and the competition structure adopted for that season.

6.3 Team Entry

6.3.1 Affiliated clubs may enter one or more teams into the Netbal Nederland National League, subject to the annual entry process established by the National League Committee.

6.3.2 Clubs entering more than one team may nominate teams to participate in either the Premier League or Challenger League, in accordance with these Regulations.

6.3.3 Each team entered into the National League shall be registered under the name of the affiliated club. Where a club enters multiple teams, each team shall be clearly identified using a numbering or naming convention approved by the National League Committee.

6.3.4 All team entries must be submitted by the published closing date. Late entries may only be accepted at the discretion of the National League Committee where this does not adversely affect the competition and schedule.

6.3.5 By entering the National League, clubs agree to comply with these Regulations and any additional operational requirements published in the Annual Competition Manual.

6.4 Team Registration

6.4.1 Squad Registration

Each team shall register a squad of up to **fifteen (15) players** with the National League Committee. The registered squad must be submitted no later than **one (1) week prior to the commencement of the first round of the National League season**.

6.4.2 Squad Amendments

Each club shall have one opportunity to amend its registered squad during the designated registration window at the end of the calendar year. During this period, clubs may add, remove or replace **up to five (5) players** on their registered squad. No further amendments shall be permitted after the close of the registration window unless approved by the National League Committee under exceptional circumstances.

6.4.3 Registered Players

Only players who are officially registered with Netball Nederland (NNL) shall be eligible to participate in National League matches, except where otherwise permitted under these Regulations.

6.4.4 Accuracy of Information

Clubs are responsible for ensuring that all player registration information submitted to the National League Committee is accurate and up to date.

6.4.5 Match Day Team Selection

For each National League fixture, a maximum of twelve (12) players may be named on the official Team List.

A minimum of fifty percent (50%) of the players named on the Team List must be selected from the team's registered squad.

The remaining players may be selected in accordance with the player eligibility and player movement provisions contained within these Regulations.

6.4.6 Failure to meet team requirements

A team that fails to meet the minimum requirement that fifty percent (50%) of the players named on its Match Day Team List are selected from its registered squad shall be ineligible to contest the match and shall forfeit the fixture, unless the National League Committee has approved an exception before the match under exceptional circumstances.

6.5 Player Eligibility

6.5.1 Registration and Affiliation

All players participating in the Netbal Nederland National League must be registered with, and affiliated to, Netbal Nederland through their respective club.

6.5.2 Eligible Players

A player shall only be eligible to participate in National League matches if they:

- Are selected in accordance with the Team Registration and Player Movement provisions of these Regulations;
- are affiliated with Netbal Nederland;
- meet any eligibility requirements determined by Netbal Nederland and these Regulations; and
- are not subject to suspension or any disciplinary sanction preventing participation.

6.5.3 One Team Registration

A player may only be registered to one National League team at any one time, except where otherwise permitted under these Regulations.

6.5.4 Ineligible Players

A player shall be deemed ineligible if they:

- are suspended from participation;
- fail to meet the eligibility requirements of these Regulations; or
- participate in breach of any player movement provisions.

6.5.5 Responsibility

Each club is responsible for ensuring that only eligible players participate in National League matches.

Participation by an ineligible player may result in sanctions determined by the National League Committee.

6.6 Player Movement

6.6.1 General Principle

Player movement between teams shall only occur in accordance with these Regulations. Clubs are responsible for ensuring that all player movements comply with the National League Regulations.

6.6.2 Playing Up

A player registered in the Challenger League may be selected to play for a Premier League team within the same club. The rules regarding playing up are:

- A Challenger League player may play a maximum of **two (2)** Premier League matches while remaining eligible to continue playing in the Challenger League.
- Upon participating in a **third (3rd)** Premier League match, the player shall be deemed a Premier League player and shall no longer be eligible to participate in Challenger League matches for the remainder of the season.

6.6.3 Playing Down

A player registered in the Premier League may be selected to play for a Challenger League team within the same club. The rules regarding playing up are:

- A Premier League player may play a maximum of **two (2)** Challenger League matches while remaining eligible to continue playing in the Premier League.
- A maximum of two (2) Premier League players may play down for a Challenger League team in any one match.
- Upon participating in a **third (3rd)** Challenger League match, the player shall be deemed a Challenger League player and shall no longer be eligible to participate in Premier League matches for the remainder of the season.
- Playing down is only permitted from the Premier League to the Challenger League. Where a club has two or more teams competing within the same League division, players may not play down or move between those teams during the League season.

6.6.4 Responsibility

Each club is responsible for monitoring player movement and ensuring compliance with these Regulations. The National League Committee may investigate any suspected breach and apply sanctions where appropriate.

6.7 Mixed-Gender Competition Requirements

6.7.1 Mixed-Gender Competition

The NNL National League is a mixed-gender competition.

6.7.2 Maximum Number of Male Players

A maximum of three (3) male players from a team may be on the court at any one time. A team may use more than three male players during the course of a match, provided that no more than three are on the court at the same time. There is no minimum number of male players required.

6.7.3 Court-Area Requirements

Where three male players are on court, no more than one male player may occupy each of the following playing areas:

A. Goal attack and goal shooter positions;
B. Centre-court positions;
C. Goal defence and goalkeeper positions.

Where two male players occupy centre-court positions, one of those players may be treated as occupying an attacking or defending area for the purpose of this Regulation, provided that no more than two male players are classified within the centre-court area.

6.7.4 Permitted Combinations

Permitted on-court combinations are illustrated in Appendix A.

7. Match Administration

7.1 Match Schedule

7.1.1 Annual Competition Schedule

The National League Committee shall prepare and publish the official National League match schedule prior to the commencement of each season.

7.1.2 Fixtures

Participating clubs shall comply with the published fixture schedule and shall make every reasonable effort to fulfil all scheduled matches.

7.1.3 Finality of the Fixture Schedule

Once published, the official National League fixture schedule shall be considered final. Requests for changes shall only be considered under exceptional circumstances and in accordance with these Regulations.

7.1.4 Club-Initiated Fixture Changes

Where a club is unable to fulfil a scheduled fixture, it shall be the responsibility of that club to:

A. contact the opposing club(s) to discuss and agree on a suitable alternative date, time and venue, where applicable;
B. submit the proposed amendment to the National League Committee for approval; and
C. notify the National League Committee no later than one (1) month prior to the scheduled fixture, except where exceptional circumstances prevent such notice.

7.1.5 Approval of Fixture Changes

A fixture change shall not be considered approved until confirmed by the National League Committee. The Committee reserves the right to reject any proposed amendment where it may adversely affect the integrity, fairness or administration of the competition.

7.1.6 Failure to Agree (Rescheduling Deadlock)

If participating clubs fail to mutually agree on an alternative match date, time, or venue within seven (7) business days of an approved fixture postponement, the National League Committee retains the absolute authority to unilaterally dictate the rescheduled match details. Non-compliance with the Committee's designated fixture shall result in an automatic forfeit win awarded to the non-defaulting team.

7.1.7 Where unforeseen or exceptional circumstances arise within one month of a scheduled fixture, the affected club shall notify the opposing club and the National League Committee immediately after becoming aware of the circumstances.

The National League Committee shall determine whether the fixture will be postponed, rescheduled, cancelled or forfeited, having regard to the circumstances and the integrity of the competition.

7.1.8 Where a fixture is postponed, rescheduled or cancelled within one (1) month of the scheduled fixture due to circumstances attributable to a participating club, any additional or unavoidable venue, officiating or administrative costs arising from the change shall be the responsibility of that club and shall not form part of the League Cost Sharing Model.

Where the circumstances are outside the reasonable control of the club, the National League Committee may determine an alternative allocation of costs.

7.2 Hosting Responsibilities

7.2.1 Host Club Responsibilities

The host club shall be responsible for organising and delivering the match day in accordance with these Regulations and the requirements set out in the Match Day Handbook.

7.2.2 Venue Requirements

The host club shall ensure that the venue, court, equipment and facilities comply with the standards prescribed in the Match Day Handbook.

7.2.3 Match Officials

Each participating club shall provide the required technical table officials for League matches, in accordance with the Technical Officials & Umpiring Manual. Where the travelling team is unable to provide the required officials, this must be communicated in advance through the relevant League Representatives so that an alternative arrangement can be agreed.

7.2.4 Match Day Compliance

Failure by the host club to fulfil its hosting responsibilities may result in sanctions as determined by the National League Committee.

7.2.5 Hosting Allocation

Hosting duties shall be allocated by the National League Committee as part of the annual competition schedule. Participating clubs are expected to fulfil their allocated hosting responsibilities unless otherwise approved by the National League Committee.

7.3 Match Requirements

7.3.1 Minimum Number of Players

A team must have a minimum of **five (5) eligible players** present and ready to take the court at the scheduled start time in order for the match to commence.

7.3.2 Uniforms

Teams shall wear a uniform that complies with the requirements of the Match Day Handbook. Any uniform clash shall be resolved in accordance with the procedures established by the National League Committee.

7.3.3 Playing Equipment

All equipment used during National League matches shall comply with the standards prescribed by World Netball and the Match Day Handbook.

7.3.4 Compliance

Failure to meet the match requirements contained in these Regulations may result in the match not proceeding and/or the application of sanctions as determined by the National League Committee.

7.4 Match Day Team Lists

7.4.1 Match Day Team List

Prior to the commencement of each match, each team shall submit an official Match Day Team List to the appointed Technical Officials.

7.4.2 Number of Players

A Match Day Team List may include a maximum of **twelve (12) eligible players**, selected from the team's registered squad of up to **fifteen (15) players**.

7.4.3 Eligible Players

Only players listed on the Match Day Team List shall be eligible to participate in the match.

7.4.4 Verification

The Team Manager, Coach or designated team representative shall be responsible for verifying the accuracy of the Match Day Team List prior to the commencement of the match.

7.5 Match Officials

7.5.1 Appointment of Match Officials

All National League matches shall be officiated by appropriately appointed and/or qualified Match Officials in accordance with these Regulations and the Technical Officials & Umpiring Manual.

7.5.2 Match Officials

Match Officials may include, but are not limited to:

- Umpires
- Bench Officials
- Scorers
- Timekeepers
- Technical Officials

7.5.3 Duties and Responsibilities

The duties, responsibilities and operational procedures for Match Officials are prescribed in the Technical Officials & Umpiring Manual.

7.5.4 Compliance

Participating clubs and Match Officials shall comply with all procedures relating to officiating, scoring and match administration as set out in the Technical Officials & Umpiring Manual.

7.6 Match Outcomes

7.6.1 Match Result

The result of each National League match shall be determined by the final score at the conclusion of the match.

7.6.2 Drawn Matches

Where a match is tied at the conclusion of normal playing time, the procedures for extra time and determining a winner shall be conducted in accordance with the current **World Netball Rules of Netball**.

7.7 Competition Points and Standings

Match Position	League Points
Win	3 points
Loss by fewer than 5 goals	1 point
Loss by more than 5 goals	0 points
Forfeit	0 points

7.7.1 League Standings

League positions shall be determined primarily by the number of competition points accumulated by each team during the regular season.

7.7.2 Teams Equal on Competition Points

Where two or more teams are equal on competition points at the conclusion of the regular season, their positions shall be determined by applying the following criteria in order:

A. The team with the higher goal difference shall be deemed the higher placed team. If a tie still exists;
B. The team with the higher number of goals scored shall be deemed the higher placed team. If a tie still exists;
C. The Bond, together with the League Director, will check for any disciplinary actions or warnings that occurred within the tied teams during the season. The team with no or fewer warnings or disciplinary actions against them shall be deemed the higher placed team.

8. Finals Series

8.1 Purpose

The Finals Series is the culmination of the National League season and is conducted to determine the National League Champion in each competition.
The Finals Series shall be administered by the National League Committee in accordance with these Regulations and any operational requirements published in the Annual Competition Manual.

8.2 Qualification

Teams shall qualify for the Finals Series based on their final position on the competition ladder at the conclusion of the regular season.

8.3 Finals Eligibility

To be eligible to participate in the Finals Series, a player must have participated in at least **50% of the regular season matches** for that team, unless otherwise approved by the National League Committee under exceptional circumstances.

8.4 Finals Format

The Finals Series format shall be determined by the National League Committee and published in the Annual Competition Manual prior to the commencement of the season.

8.5 Hosting

Hosting arrangements for Finals Series matches shall be determined annually by the National League Committee and published in the Annual Competition Manual.

8.6 Exceptional Circumstances

If any Finals match, including the Semi-Final or Grand Final, cannot be played or completed due to circumstances beyond the reasonable control of the participating teams or the League Committee, including but not limited to extreme weather, venue unavailability, government restrictions, or other force majeure events, the League Committee shall determine the outcome of the competition in accordance with the principles of fairness, sporting merit, and the best interests of the League.

In making its decision, the League Committee may take into consideration, but is not limited to, the following:

- the final League standings at the conclusion of the regular season;
- qualification pathway to the Finals;
- results achieved during the Finals Series;
- overall match record during the season;
- head-to-head results between the affected teams;
- goal difference, where applicable; and

- any other factors the League Committee considers relevant to ensuring a fair and equitable outcome.

Where it is not reasonably possible to reschedule a Finals match, the decision of the League Committee shall be final and binding.

9. Discipline and Compliance

9.1 Compliance with the Regulations

All clubs, players, coaches, officials, volunteers and other participants shall comply with these Regulations and any policies adopted by Netbal Nederland and the National League Committee, the NOC*NSF Code of Conduct for sporters and trainers, and policies regarding doping from the Anti Doping Authority and WADA.

9.2 Disciplinary Process

9.2.1 Authority

These National League Regulations apply strictly to all categories of members participating in Netbal Nederland sanctioned league events, as defined in Section 2.1 of the NNL Disciplinary Regulations:

- Member Clubs;
- Registered Participants; and
- Independent Members.

Where there is a suspected breach of these Regulations, the NNL Code of Conduct, or the NOC*NSF Code of Conduct is established or reported, the National League Committee shall document the incident and refer the matter to the appropriate independent disciplinary authority in accordance with Article 10 of the Netbal Nederland Constitution.

9.2.2 Jurisdiction

Aligning with Section 3.1 of the NNL Disciplinary Regulations, jurisdiction over all league infractions can be divided into the following three tracks:

A. **NNL Disciplinary Committee (NNL Tuchtcommissie):** Investigates and sanctions general on-court infractions, competition rule violations, unsportsmanlike conduct, and match official disrespect.

B. **External Jurisdiction (ISR):** Exclusive authority over severe infractions regarding physical violence, verbal abuse, bullying, sexual harassment, match-fixing, or sexual intimidation. NNL holds no internal authority to alter or handle these cases.
C. **Anti-Doping Jurisdiction (Dopingautoriteit):** Exclusive authority over substance abuse, doping violations, or possession of prohibited substances during sports activities. NNL holds no internal authority to alter or handle these cases.

9.2.3 First-Line Interventions and Fact-Finding

For minor, non-serious, and undisputed internal code of conduct infractions, the National League Committee and/or the NNL Board may issue a formal, written first-time administrative warning. If a member disputes this warning, the case is automatically escalated to the NNL Disciplinary Committee.

For all other infractions, match officials and the League Committee act strictly as an administrative fact-finding body. Their role is limited to logging reports, collecting witness statements, evaluating immediate safety hazards, and routing the file to the correct jurisdiction track as described in 9.2.2.

9.2.4 Match-Fixing

Any suspected incidents of match-fixing, deliberate competition manipulation, financial bribery, or systemic malpractice fall outside standard competition protest procedures.

All such matters must be reported immediately via the secure channels established under the separate **Netbal Nederland Whistleblower Policy.** Initial fact-finding will be conducted in alignment with the **ISR Match-Fixing Track**, and Netbal Nederland league bodies hold no internal authority to alter or dismiss these filings.

9.3 Appeals and Match Protests

9.3.1 General Disciplinary Appeals

All formal appeals against disciplinary sanctions or eligibility rulings must follow the procedures detailed in **Section 5.0 of the NNL Disciplinary Regulations**.

Appeals are routed as follows:

- **Internal Decisions:** Escalated directly to the independent NNL Appeals Committee (*Commissie van Beroep*).

- **External Safe Sport/Doping Decisions:** Filed directly with the ISR or *Dopingautoriteit* appellate tribunals. NNL league bodies have no authority to review or alter these external rulings.

9.3.2 Match-Day Results & Operational Protests

To maintain competition continuity, routine match-day administrative protests (such as contested scoresheet or unregistered athletes) are exempt from corporate timelines and must follow an accelerated track:

- **Submission:** Lodged in writing to the National League Committee within **48 hours** of the match's conclusion.
- **Ruling:** The National League Committee must issue a binding operational decision within **5 business days**.

9.3.3 Status Pending Appeal

In accordance with Section 5.4 of the NNL Disciplinary Regulations, any active penalty or participant suspension remains fully enforceable during a pending appeal or protest.

9.3.4 Finality

Rulings issued by the NNL Appeals Committee, the ISR, or the *Dopingautoriteit* tribunals are final and legally binding on all clubs, players, and league officials.

10. General Provisions

10.1 Matters not Provided For

Any matter not specifically provided for in these Regulations shall be determined by the National League Committee, having regard to the objectives of the National League, the principles of fairness, and the governance framework of Netbal Nederland.

Where a matter falls outside the authority of the National League Committee, or has significant governance implications, it shall be referred to the Netbal Nederland Bond for determination.

10.2 Commencement and Review

These Regulations shall come into effect on the date approved by the Netbal Nederland Council and shall remain in force until amended or replaced.

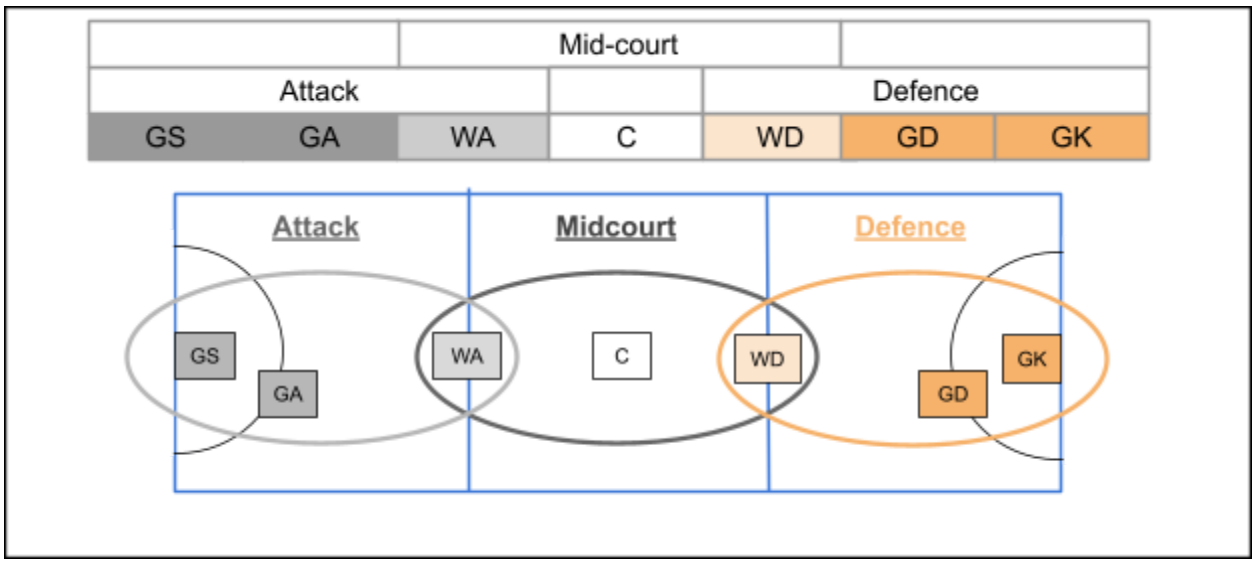
The Regulations shall be reviewed periodically by the National League Committee, with any proposed amendments requiring approval by the Netbal Nederland Board and Council in accordance with these Regulations.

Document updated by: Celia Coetzee	**Version:** 3.0	**Date:** 03/09/26
Approved by Board: Delle Benton		**Date:** 15/09/26
Approved by Council: Approved	**Votes:** 7/8	**Date:** 11/10/26

APPENDIX A: Mixed-Gender Playing Regulations

- A maximum of 3 male players on the court at any time.
- No minimum requirement.
- Any single position may be occupied by a male player.
- Maximum of one male player in each area of the court (attack, midcourt*, defence)

* Alternatively, if a team has two male players in the midcourt, then they cannot have a male player in either goals or defence. In practice, this means that WA/WD may be considered an attacking/defending player in lieu of a goal circle player, provided that no more than 2 midcourt players are male.



Two-player combinations:

attack	+	midcourt
GS or GA	+	WA
GS or GA	+	C
GS or GA	+	WD
WA	+	C
WA	+	WD

attack	+	defence
GS or GA	+	GD or GK
GS or GA	+	**WD**
WA	+	GD or GK

midcourt	+	defence
WA	+	GD or GK
C	+	GD or GK
WD	+	GD or GK
WA	+	**WD**
C	+	**WD**

Three-player combinations:

attack	+	midcourt	+	defence
GS or GA	+	WA	+	GD or GK
GS or GA	+	C	+	GD or GK
GS or GA	+	WD	+	GD or GK
GS or GA	+	WA	+	**WD**
GS or GA	+	C	+	**WD**
WA	+	C	+	GD or GK
WA	+	WD	+	GD or GK

Illegal player combinations:

Illegal combinations				
GS	+	GA	+	
GD	+	GK	+	
GS or GA	+	WA	+	C
C	+	WD	+	**GD or GK**
WA	+	C	+	**WD**